

**DENTAL OLYMPICS  
VOLLEYBALL**

**Events:**                   Men's  
                                  Women's  
                                  Co-Ed

**Format:**

1.       There will be two teams from each school in all categories.  
      **Coed:** 6 men/6 women on the court. There can be no more than three men playing at once.  
      **Men's:** Four men on the court at once  
      **Women's:** Four women on the court at once
2.       There can be no more than three men playing at once.
3.       Players cannot touch net in any way nor completely cross over/under net.
4.       Players cannot step on or cross line before service.
5.       Players must rotate in proper rotational order. May only substitute in same place in rotation as first player enters.
6.       Ball will be considered dead if it hits a player below the waist.
7.       Scooping, lifting, pushing or carrying the ball will result in loss of service or a point for the other team.
8.       May receive serve only with fists together technique (not in a setting manner).
9.       Players must announce service.
10.      Teams only allowed two time outs per game (one minute each).
12.      Two out of three games - 15 points per game.
13.      All players participating must be on a roster. Rosters must be given to opponents team captains before start of play, and should be checked along with student ID. An individual player cannot be on a roster for both teams.